

LIFESTYLE EAP

Wellness at Work

Empowering Employees to Lead Happier, Healthier Lives

At Lifestyle EAP we understand that everyone is affected by life-changing issues. As an employer-sponsored service, Lifestyle EAP provides confidential counseling and a broad range of services to help guide you and your family toward better health, wellness and life balance.

Managers

Lifestyle EAP provides managers with the tools to create a happy, healthy work environment. In addition, consultations regarding workplace stressors and employees are accessible.



Employees

Lifestyle EAP is a confidential employer-sponsored program designed to identify and assist employees and eligible dependents in resolving personal problems that may be adversely affecting daily-life as well as providing preventive wellness tools.



Human Resources

Lifestyle EAP partners with Human Resources to deliver culturally specific programming and outcomes.



Visit our Website

www.lifestyleEAP.com

Geauga County ID: GC04 Password: lifestyleeap

Sign up for the monthly newsletters, learn more about the latest research, schedule an appointment and more.



Call: 216-297-8170 or 1-800-989-3277

Life-Balance Services
Solution-oriented Counseling
Childcare & Adoption Services
Financial & Legal Consultations
Eldercare Support
Interactive Website